



High Commission of India
Kuala Lumpur

PRESS RELEASE

5th International Yoga day celebrations in Malaysia

High Commission of India, Kuala Lumpur will be celebrating the 5th International Yoga Day 2019 in the months of June-July 2019. Like previous editions of International Yoga Day, this year also the High Commission of India plans to conduct the event on a large scale across fifty locations in Malaysia in partnership with various local community associations.

2. The **main event** of the International Yoga Day is being organised on **Sunday, 23rd June 2019, at Batu Caves Temple premises from 7.00am to 9.00am.**

3. The event will kickstart with demonstration of Yoga poses by the Yoga Teacher from NSCBICC, Kuala Lumpur. Close to 2,000 yoga enthusiasts are expected to participate in this event. Yoga participants will be given T-shirt and water bottle on first come first served basis. Various community associations have partnered with High Commission of India to make this yoga event a great success.

Yoga for Harmony & Peace

18 June 2019

Kuala Lumpur

